

LIGHTHOUSE GROUP HANDOUT

Series: *The Beatitudes*

Sermon: “*The Right Appetite*”

Text: Matthew 5:6

Big Idea: The deepest satisfaction your soul can ever know is found in Christ alone

Sermon Recap

Jesus exposes our misplaced appetites. The problem isn't desire itself but *desiring the wrong things*. True flourishing belongs to those who crave God's righteousness more than the world's rewards. That hunger shows spiritual life and is ultimately satisfied by Christ Himself — not by performance, but by grace-driven pursuit.

Discussion Questions

1. The pastor used the illustration of a monkey trapped by its desire for fruit.
What are some “fruits” or desires that can trap us spiritually and prevent us from experiencing the freedom God offers?
2. Moses said he would rather be in the wilderness with God than in the promised land without Him.
How does this challenge our modern pursuit of comfort and success?
3. The sermon distinguishes between *positional righteousness* (justification) and *practical righteousness* (sanctification).
Why is it important to understand both aspects of our relationship with God?
4. What does it practically look like to “hunger and thirst for righteousness” in your daily life?
Give specific examples.
5. The pastor mentioned that spiritual health is measured by what we currently desire from God, not what we've done for God in the past.
How does this challenge or encourage you?

6. How can we tell the difference between genuinely pursuing godliness versus just going through religious motions or performance?
 7. The sermon states that “what I feed grows and what I starve dies.”
What are you currently feeding in your spiritual life, and what might need to change?
 8. Jesus promises that those who hunger and thirst for righteousness “shall be satisfied.”
How have you experienced this satisfaction in your own walk with God?
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Reflection

What’s one desire you sense God calling you to surrender this week, and what’s one way you’ll intentionally pursue righteousness instead?

Life Application

This week, identify one worldly desire or habit that may be competing with your hunger for God. Make a practical decision to “starve” that desire while simultaneously “feeding” your spiritual appetite through daily Bible reading, prayer, worship, or serving others. Keep a simple journal of how this intentional shift affects your spiritual hunger and satisfaction.